

# MINUTES: Age-Friendly Maple Grove Leadership Team

Quarterly Meeting – Feb. 9, 2024



## Reminder of new meeting schedule for 2024

- Now quarterly instead of monthly, first Fridays from 9am-10:30am
- Dates are Feb. 9, May 10, August 9, November 8 – time is now 9am-10:30am
- Contact Liz Faust for Webex invite
- New Steering Committee will be meeting every other month to complement LT work

## Action Plan Launch:

- After two years of planning (community needs assessment followed by development of new three-year action plan), the Action Plan 2024-2026 officially launched in January.
- Team reviewed the new action plan, including potential action items we might undertake in each domain.
- Following review, team engaged in an online interactive activity to gauge where people's interest and energies lie as we determine how to implement the new action plan. (ATTACHED: Slides showing this activity)
- Steering Committee will be reaching out to follow up on involvement prior to the next LT meeting in May.

## *Notable discussion:*

- Interest in **employment efforts for older adults** – people want or need to work in older age but face ageism (internalized and external) and racism. Some good connections were made between members who will continue conversation outside the meeting.
- Questions and discussion about **resources/information for families preparing for the death of a loved one**. Where to find information about legal, financial and other steps to take?
- Information sought about **how support animals are and/or can be made welcome in more places** in the community

## TEAM UPDATES

### **Carrie M/North Memorial:**

- Hospital has new CEO; it's been a good transition so far.
- Hospital foundation will fund a second trauma symposium for this fall.
- North Memorial is prioritizing breast health for Black women and plans to become a center of excellence in this area to address great disparities.
- MG Hospital campus will be expanding. More to come, but there may be opportunity for AF MG to engage in this process.

### **Sharon/Maple Grove Library**

- Library will offer several classes this spring through AARP.
- Several LT members interested in helping promote these classes:
- Class names and dates are below; more class information soon will be posted at [www.hclib.org/events](http://www.hclib.org/events)
  - **Prepare to Care**, Saturday, March 9, 10:00-11:00 a.m.
  - **Downsizing and Decluttering**, Saturday, March 23 at 10:00-11:00 a.m.
  - **HomeFit Workshop** (about modifications to make your home more accessible as you age), Saturday, April 20 (exact time TBD)
  - **Six Pillars of Brain Health**, Sunday, May 19, 2:00-3:00 p.m.

### **Andrea E/SilverCreek on Main**

- Construction underway on new townhomes; this will complete build-out of SilverCreek
- They are market-rate townhomes and will open this summer.
- Would love to be part of conversations related to older adults and workforce. SCM is in need of good staff and welcome older employees.

### **Esther/CROSS Services:**

- Continues to be enormous need for food at CROSS, including older people. Please send people to CROSS if they need assistance.

### **Bill T./Trellis (Metropolitan Area Agency on Aging)**

- New to AF MG, replacing Sarah Adams, who was previously assigned to Maple Grove. Trellis did some shuffling of assignments, and his region now includes MG.
- Bill will join AF MG Steering Committee
- Trellis' just announced 39 Twin Cities-based organizations will receive nearly \$12 million in Older Americans Act Title III funding in 2024 to support older adults and caregivers in the community. [More details here.](#)

### **Anita V./U of MN Occupational Therapy PhD student**

- Anita is doing a capstone project connected to AF MG
- Continues to work on project, which is focused on helping isolated older adults engage with the community
- Connected with Esther at CROSS and did tour of CROSS' facility.
- Getting final green lights from University related to project and research permissions.
- Developing survey for older adults. If community partners are interested in contributing questions to the survey for consideration, let Esther know.
- Project will start in June. Will tag along to see how LDL operates

### **Liz F./55 Forward, City of MG Parks and Recreation**

- Chuck Stifter, director of Parks & Rec, will join our next LT Meeting to provide an update on the Community Center Redesign
- Participation has been excellent in senior programs
- Summer guide coming out already next month

**NEXT MEETING: Friday, May 9, 2024, 9-10:30am**